

Italian by design

It's mother's special day next week. Why not treat her to a healthful dinner?



The atmosphere of the restaurant.

By Pattarawadee Saengmanee

SUNDAY NATION

It's Mother's Day on August 12 and those of you planning on taking the most important lady in your life out for a delicious meal would do well to check out the special treats being offered by Italian chef Claudio Viale of No 43 Italian Bistro.

From Saturday through August 12, the restaurant is offering an Italian set dinner for B450 that starts with sensational salmon cream soup. For the main course, there's a choice between pan-fried fillet of sea bass with white wine sauce, boiled potato and spinach and grilled chicken breast with bell peppers sauce served with mixed salad.

Dessert is delectable chocolate fondant.

"These special menus are suitable for all mothers, as we emphasise healthful food and guarantee no oily tastes," says Viale.

Opened in 1998, the 65-seat restaurant shines the spotlight on the cuisine of



Grilled chicken breast with bell peppers sauce.

Liguria, the region in northwest Italy where the chef was born and grew up. He uses original recipes and only the very best ingredients.

"Classic olive oil is an important ingredient in northern-style cooking. It gives a light flavour," he says.

Throughout this month, diners can savour a range of delicious dishes including pan-fried chicken breast with almonds, Italian herbs and green asparagus in a creamy white wine sauce for Bt400, and stir-fried prawns with black olives on spinach flan for Bt600.



Panfried fillet of sea bass with white wine sauce.



Stirfried prawns with black olives on spinach flan.



Chocolate fondant.

XTRA

TASTY TREATS

>> **No 43** has a breakfast buffet with sushi on Mondays and dim sum on Thursdays for Bt295 per person from 6am to 10pm. The Thai and International lunch buffet costs Bt350 and is available from 11.30 to 2.

>> **The restaurant** is on ground floor of Cape House Serviced Apartment on Soi Langsuan, Ploenchit Road (BTS: Chidlom). Call (02) 658 7444 extension 285 or visit www.CapeHouse.com.